

Raffle prizes  
for attending!

Eligible for  
community  
service  
hours!

# FREE VIRTUAL AFTER SCHOOL WORKSHOP

Digital Wellbeing  
For Middle-School Girls

taught by Wellesley College students  
and other social media experts

JOIN US FOR MULTIPLE WORKSHOP OPPORTUNITIES TO LEARN MORE ABOUT  
DIGITAL WELLBEING THROUGH EXPLORING TOPICS LIKE APP DESIGN, DIGITAL  
CITIZENSHIP, AI, MENTAL HEALTH, AND SO MUCH MORE!

## Deceptive Design and AI

March 14th @ 6:30-7:30PM ET

## Mental Health and Emotional Regulation

March 26th @ 6:30-7:30PM ET

## User-Centered App Prototyping

March 28th @ 6:30-7:30PM ET

## Mental Health: Body Image

April 2 @ 6:30-7:30PM ET

## Cyberbullying and Marginalized Identity

April 7th @ 11AM-12PM ET

## LGBTQ+ and Social Media

April 9th @ 7:00-8:00pm ET

Meets in  
Person!

## Digital Citizenship

April 23 @ 6:30-7:30PM ET

First Come  
First Serve  
Registration

Most sessions on  
Zoom!

scan to register



[bit.ly/DigitalWellbeingClub](https://bit.ly/DigitalWellbeingClub)

Questions? Email

[youthmediawellbeing@wcwonline.org](mailto:youthmediawellbeing@wcwonline.org)

Kindly sponsored by the Metrowest Women's Fund &  
Wellesley Centers for Women

Enroll up until the  
day of the session!